

City of Ostrava Themed Packages

or discover Ostrava with action and adventure,
old and new

sport • adrenaline
fun • history
walking tours
wellness
food and drink



OSTRAVA!!!

City of Ostrava Themed Packages!!!

Introduction

Are you a bit tired of visiting museums, chateaux and other traditional tourist attractions? **Are you looking for something new, out of the ordinary?** Do you want to try out **new experiences**, open up **new horizons**, boost your **adrenaline** levels, or just **relax** and let yourself be pampered? If the answer to any of these questions is yes, then our range of **unforgettable themed packages** will help you experience the **city of Ostrava** in a new way. A City of Ostrava Themed Package is an ideal gift for someone close to you. With our packages, your dreams can come true...



Where can you buy City of Ostrava Themed Packages?

You can buy our packages on the internet at www.ostrava.cz a www.ostravainfo.cz and they will soon be available at a network of selected hotels, information centres and travel agencies. Later this network will be expanded to take in a range of other licensed sales points. When you buy a package, you will get an experience voucher giving you all the necessary information about how to experience your package.

How can you buy City of Ostrava Themed Packages?

You can buy our packages in two versions: 'open' or 'reserved'. If you buy an open package, you must reserve the experience in advance at the Wallachian Kingdom Information Centre, by phone on +420 571 655 196 or +420 774 668 011, or by e-mailing balickyzazitku@valasske-kralovstvi.cz. Unless stated otherwise on the coupon, the expiry data is one year after purchase.

How to experience your City of Ostrava Themed Package?

When you reserve and pay for your package, you will be given all necessary information on how to actually use it, especially the precise date and time.

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Times change and prices change with them,
so the price list is provided separately...

Extreme truck trial

Package code:

1 person AKT 113 270.



Enjoy an unforgettable ride in a Tatra 813 8x8 truck trial special in the hands of an experienced driver on a demanding track.

Contents of the package: A ride in a Tatra 813 trial special truck in the hands of an experienced driver on a demanding track • Refreshments: soft drinks, coffee, tea.

Physical abilities: No limitations.

Total time: 1 hour (including refreshments).

Number of participants: 1 person. More by arrangement.

Spectators: Spectators can be present.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava-Přívóz.

When to order: At least 2 days in advance.



LIBROS

LIBROS

CSAD

LOGISTIK PETRAVA D.S.

532

8x8

KOLOS

Loprais Tatra Team – a Dakar-style ride just for you!

Package code:

1 person AKT 182 416, 2 people AKT 183 417.



With this amazing package, you can experience the thrills of a Dakar Rally ride for yourself! We are offering the package in conjunction with the Loprais Tatra Team – multiple winners of the Dakar Rally in the truck category. A top rally driver will take you round a special course in an authentic Tatra rally truck, pushing this ground-breaking vehicle to its absolute limits.

Contents of the package: For 20 minutes you will experience a full-speed ride round a highly demanding off-road test track with a professional rally driver. The track simulates real Dakar Rally conditions and showcases the amazing strength and agility of the Tatra truck. Of course you'll also be able to admire the powerful engine and ask anything you like about the vehicle or the Dakar Rally itself – the team members will be more than happy to share their knowledge and experience.

Physical abilities: No special level of physical fitness is needed for this activity, but you should remember that the ride will not be smooth! Due to the constant bumps and jolts on the off-road track, we recommend that you only undertake the experience if you are in good health.

Total time: The total length of time spent with the Loprais Dakar Team is about 4 hours. This includes a 20-minute ride round a testing track with a top rally driver. The truck has room for the driver plus two passengers.

Number of participants: The package is designed for at least four people – you and at least three other participants.

Spectators: Subject to safety requirements, friends and family can come as spectators and watch your ride.

Clothing, equipment: We recommend comfortable casual clothing and footwear.

Season, weather: All year round, in all weather conditions – but we particularly recommend the spring/summer/autumn period.

Location: Kopřivnice, Ostrava, Senice – Záhorie military zone, Libavá.

When to order: The date will be set according to your requirements – subject to availability of the testing track and team members. Please let us know three possible dates and we will attempt to arrange one to suit you. The sooner you let us know, the better the chance that one of your dates will be possible.

Other programmes: Extra services/programmes: Light refreshments, welcome drink (Dakar slivovice – plum brandy), energy drinks Loprais & 69. Each participant will receive an authentic rally-style jersey, a team cap and a poster signed by Monsieur Dakar himself – multiple Czech Dakar winner Karel Loprais.

Notes: Participants should provide their own interpreter.



Go-kart madness

Package code:

4 people AKT 108 262, 6-8 people AKT 109 263.



The drone of engines, the smell of petrol, the thumping heartbeat – the pure adrenaline of the go-kart, the smallest 4-wheeler racing vehicle. Slam your foot to the floor and whistle round the track just a few inches above the asphalt. Michael Schumacher began his career on the go-kart track – it might just be your first step to Formula 1 too...

Contents of the package: Instruction on driving technique • Riding practice • Timed laps – the track has a timing facility so you can measure your laps
• Children's karts can be hired.

Physical abilities: For adults and children from 6 years of age.

Total time: 4 people 30 minutes, 6-8 people 1 hour.

Number of participants: 4 people or 6-8 people.

Spectators: Spectators can be present.

Clothing, equipment: Clothing and footwear appropriate to the season.

Season, weather: April–October, in good weather.

Location: Mošnov

When to order: At least 1 week in advance.

Notes: Participants should provide their own interpreter.



Quadbike heaven

Package code:

1 person AKT 131 299.



Explore the outer limits on a quadbike – feel the excitement and the rush of adrenalin at the Ostrava track centre. What do you need to enjoy this adventure? Just a drop of courage and determination.

Contents of the package: Rental of quadbikes on an enclosed motocross track under the supervision of a qualified instructor • Instruction on using the machine and riding techniques • Rental of helmet, jacket and protective clothing.

Physical abilities: For adults and children from 10 years of age. **Total time:** 1 hour.

Number of participants: 1 person.

Spectators: Spectators can be present.

Clothing, equipment: Sportswear suitable for weather conditions, sturdy shoes.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava-Přívov.

When to order: At least 1 week in advance.

Notes: Participants should provide their own interpreter.

I'm flying!

Package code:

1-3 people POH 098 303.



Experience the amazing feeling of weightlessness as you rise up into the clouds and see the world through the eyes of a bird. Well-known and less well-known places will suddenly look completely different, more interesting, more beautiful... The forests of the Beskydy mountains, chateaux, castles, cities, towns and villages – all of these will remain firmly etched into your memory.

Contents of the package: Tourist flight lasting 30 minutes over the Beskydy mountains or castles/chateaux
• Take off and landing at Leoš Janáček Ostrava Airport.

Physical abilities: Clients must take account of their current state of health.

Total time: 1 hour including preparations (flight 30 minutes).

Number of participants: 1-3 people.

Spectators: Spectators can be present if arranged in advance.

Clothing, equipment: Comfortable everyday clothing.

Season, weather: Year-round, only in good flying conditions.

Location: Ostrava and surroundings.

When to order: At least 1 week in advance.

Pilot for a day

Package code:

1 person AKT 179 404, 2 people AKT 180 407,

3 people AKT 181 408.



Contents of the package: You will become a pilot's assistant, helping to solve problems and difficult situations

- Together with the pilot, you will plan your flight path, mark it on the map, check the air space, program the flight deck equipment, find out the current weather conditions, carry out pre-flight checks on the plane, and learn how to request permission for take-off, using the correct words and phrases for communication with air traffic control. As the pilot's assistant, you will help the pilot carry out pre-flight tasks
- See whether you have a talent for flying and if you can deal calmly with difficult situations
- After receiving permission to take off, taxi to the runway. Final instrument check. Engine to full power, massive acceleration... and take-off!
- Once you're up in the air, your task will be to navigate the plane – using just a map and a compass
- You will land at at least two other airfields, visiting interesting places along the way – if you have time to look at them, of course!
- The experience takes place in a four-seater craft (Cessna 172/182)
- Before the flight you will be given a tour of the plane and carry out all necessary pre-flight tasks with the pilot. You will also discuss the flight scenario and you will receive instructions on what

to do in an emergency situation • The flight (including landings) will last around 90 minutes • Each participant will play the simulated role of the pilot's assistant for at least 20 minutes (sitting in the seat next to the captain) • There will be landings at at least two other airfields for crew changes • On returning to the airfield there will be a post-flight briefing where you can discuss your experiences from the whole flight – and ask any questions about aviation and piloting • The precise start time and place will be sent to you as part of your pre-flight instructions 7 days before the planned date.

Physical abilities: No particular level of physical fitness is needed, but we do not recommend this experience if you are afraid of heights or flying. Suitable for men and women from 18 years upwards. Under-18s only if accompanied by parents or with parental consent.

Total time: Approx. 4 hours (10.00 meeting at the airfield, 10.10 pre-flight preparations, briefing, 11.00 board the aircraft, take-off, 12.30 return to the airfield, post-flight analysis and de-briefing. Each participant will play the simulated role of the pilot's assistant for at least 20 minutes (sitting next to the captain).

Number of participants: 1-3 people.

Spectators: Spectators can wait at the airfield.

Clothing, equipment: Comfortable casual clothing appropriate for the weather/season. Paper and writing implements. A camera to capture your experiences.

Season, weather: Year-round, only in good flying conditions.

Location: Ostrava.

When to order: You should book at least 4-6 weeks before the planned date.



Ride on a Segway X2

Package code:

1 hour – 1 person AKT 166 388, 2 people AKT 167 389

2 hours – 1 person AKT 168 390, 2 people AKT 169 391

The Segway is a new urban sport phenomenon that has become a popular means of transport for people living in large cities. It works on the principle of dynamic stabilization and is controlled by a set of microprocessors. Five independent gyroscopes monitor balance 100 times every second. The Segway is easy to control and can be driven by almost anybody, from small children to old people. It is also useful for people whose mobility by normal walking is restricted. To set off, just lean forward. To turn, just lean slightly to one side – the Segway will know exactly where you want to go.

Contents of the package: Riding a Segway under the supervision of our instructor. Trips on prepared routes or routes requested by the client.

Physical abilities: No restrictions. Healthy people, weight 35–100 kg.

Total time: Approx. 2 hours.

Number of participants: 1–2 people.

Spectators: Spectators can be present.

Clothing, equipment: Any loose, comfortable clothing, long sleeves and long trousers. Sturdy footwear.

Season, weather: Year-round. Not suitable for conditions of heavy rain. Air temperature must be above -5 °C.

Location: Throughout the city of Ostrava and the immediate surrounding areas. The experience can be held up to approx. 150 km from Ostrava; additional transport costs are charged at 4 CZK per km from Ostrava.

When to order: At least 2 days in advance.





Grass skiing, off-road scooters, and something extra

Package code:

2 people AKT 126 286.



Do you enjoy skiing, but don't want to wait until the winter snows? Then we have just the answer – grass skiing! And if that's not enough, you can ride an off-road scooter or try out a mountainboard (children can ride an off-road quadbike).

Contents of the package: Hire of grass skis, ski boots, sticks and protective gear (helmet, goggles, pads) for 2 people (or you can bring your own equipment) • Tuition by instructor (1 hour) • Ski/ride on your own, including the use of a ski lift (1 hour) • 2 rides on off-road scooters or try out a mountainboard (with wheels), children will enjoy an off-road quadbike.

Physical abilities: Clients must be in good health.

Total time: 2–3 hours.

Number of participants: 2 people.

Spectators: Spectators can be present.

Clothing, equipment: Old clothing – long trousers, long sleeves.

Season, weather: April–October, in good weather.

Location: Horní Lhota.

When to order: At least 1 week in advance.

Paintball

Package code:

**6-14 players AKT 163 385, 15-20 players AKT 164 386,
21-30 players AKT 165 387.**



Test your reactions in critical situations and unfamiliar environments! Spend an unforgettable day with friends or colleagues playing a game that blurs the boundaries between fiction and reality! Paintball is a game where you have nothing to lose, but you still fight for your life!

Contents of the package: Organization of paintball game for 6-30 players • hire of paintball guns, protective equipment and everything else necessary for the game (except clothing – extra charge 50 CZK per item).

Physical abilities: For players from 15 years upwards. Younger players must be accompanied by a parent or guardian. The game requires sustained concentration and physical effort – players should take into account their current state of health.

Total time: 2-3 hours.

Number of participants: 6-30 people.

Spectators: Spectators can be present.

Clothing, equipment: Old clothing – long trousers, long sleeves. Strong footwear.

Season, weather: April to November. Air temperature must be at least +2 °C.

Location: Ostrava.

When to order: At least 2 days in advance.

Become a kangaroo with jumping boots

Package code:

programme A) AKT 123 280,

programme B) AKT 124 281.



Contents of the package: **Programme A) Try out the jumping boots:** Hire of jumping boots + complete set of protective equipment • Warm-up stretching • Basic instruction – learn the basics in just 5-10 minutes under the supervision of an experienced instructor • Training in slow or fast jumping, basic and advanced acrobatic jumps • Walk or run in a park or through the streets of Ostrava (clients choose). **Programme B) A completely new way of enjoying the countryside:** the same as programme A, PLUS a ‘walk’ (low or higher difficulty level) in a selected countryside location using jumping boots and poles (max. 50 km from Ostrava) • The price of the service does not include transport (3 CZK per km – to be paid in cash to the service provider depending on the distance travelled).

Physical abilities: Clients must take account of their current state of health.

Total time: Programme A) 2 hours, programme B) 3 hours (not including transport time).

Number of participants: 1 person. Max. 4 participants (the number should be specified in advance).

Spectators: Spectators can be present.

Clothing, equipment: Comfortable casual clothing, strong footwear. Jumping boots, protective equipment, walking poles (for programme B) will be provided as part of the service. **Season, weather:** March–October, only in dry weather conditions.

Location: Ostrava. **When to order:** 2 weeks in advance.

Notes: Participants should provide their own interpreter.

Inline skating school

Package code:

1 person AKT 069 204, 2 people AKT 070 205,

3 people AKT 071 206, 4 people AKT 072 207.



Have you recently bought some new inline skates? Would you like to learn the basics of inline skating, turning, braking and safe skating in an urban environment? Or perhaps you can already skate, but you'd like to learn some new tricks to amaze your friends? Maybe you're thinking about buying some skates, but you'd like to try it out first? Whatever you want, it'll be no problem for our team of experienced professionals.

Contents of the package: Instruction in safe inline skating • Basics: forwards, backwards, braking, turning, advanced skating, slalom, downhill, basic tricks, games – choice depending on the client's level of ability
• Supervised by officially licensed expert instructors.

Physical abilities: For children from 6 years upwards (up to age 10 only if accompanied by somebody above age 15), no limitations for adults, beginners, intermediate level, advanced. **Total time:** 2 hours.

Number of participants: 1–4 people.

Spectators: Spectators can be present.

Clothing, equipment: Wear your own casual clothing (loose and comfortable so you can move easily) – appropriate to weather conditions on the day. Also bring your own inline (roller) skates and a helmet (a cycle helmet is fine). We recommend protectors for wrists, elbows and knees. All of the above equipment can be hired for a fee.

Season, weather: 1. 4.–31. 10. The service can only be provided on dry surfaces.

Location: Ostrava-Zábřeh

When to order: At least 1 week in advance.



Freedom on horseback

Package code:

1 person AKT 128 288.



Enjoy a relaxing horse-ride along the Ostravice river in the company of an experienced riding instructor. Tune in to nature's wavelength amid beautiful flora and fauna.

Contents of the package: Saddling the horse • Horse-ride along the Ostravice river accompanied by an experienced riding instructor • Unsaddling and care of horse.

Physical abilities: Clients must be in good health. The package is for those who already know how to ride – it is not suitable for beginners.

Total time: 2 hours.

Number of participants: 1 person.

Clothing, equipment: Clothing depending on weather and season. All riding equipment can be borrowed from the service provider.

Season, weather: Spring to autumn. The service does not operate in rainy or bad weather.

Location: Ostrava-Kunčičky.

When to order: 2 weeks in advance.

Notes: Participants should provide their own interpreter.

The wonderful world of horses

Package code:

1 person AKT 127 287.



Are you a complete newcomer to the wonderful world of horses? No problem – this package will show you how to take care of these beautiful animals. You can just watch and learn, or if you like you can try it out for yourself – after all, there's no substitute for personal experience! And of course you will be able to go on a horse ride, accompanied by an experienced instructor.

Contents of the package: Introduction to horses and their needs – cleaning stables, leading horses out to graze, working with horses, cleaning, washing, feeding • You will have the chance to try out all of these activities for yourself – or you can just watch, joining in whenever you feel like it • The course includes a short ride supervised by an instructor.

Physical abilities: Clients must take account of their current state of health. **Total time:** 2 hours.

Number of participants: 1 person.

Spectators: Spectators can be present.

Clothing, equipment: Clothing depending on weather and season. **Season, weather:** Spring to autumn. The service does not operate in rainy or bad weather.

Location: Ostrava-Kunčičky.

When to order: 2 weeks in advance.

Notes: Participants should provide their own interpreter.

Horse-riding for beginners – intensive course

Package code:

1 person AKT 129 289.



Would you like to learn all about horse-riding – including the tasks you need to do before you can saddle up and ride? Then this package is for you!

Contents of the package: Introduction to riding equipment • Learn how to approach a horse correctly • Saddling a horse, mounting and dismounting a horse, basic commands, controlling a horse • Short ride accompanied by an instructor • Refreshments throughout the day (offer may vary).

Physical abilities: Clients must take account of their current state of health. **Total time:** 8 hours.

Number of participants: 1 person.

Spectators: Spectators can be present.

Clothing, equipment: Clothing depending on weather and season. All riding equipment can be borrowed from the service provider.

Season, weather: Spring to autumn. The service does not operate in rainy or bad weather.

Location: Ostrava-Kunčičky.

When to order: 2 weeks in advance.

Notes: Participants should provide their own interpreter.



Medieval hunting fun

Package code:

Programme A) AKT 065 197, Programme B) AKT 066 198.



A unique opportunity to test your marksmanship using 3D figurines and a traditional bow and arrow or hunting crossbow. Enjoy the thrill of the hunt and revive the skills of our ancestors – or try your hand at traditional target archery practice. Just choose your weapon and take aim...

Contents of the package: Programme A) Traditional target archery on a fixed paper target • **Programme B)** Outdoor 3D archery using practice figurines of game animals (real-life size, shape and colour) • Instruction on safety and correct technique • Transport of equipment to the chosen location (popular locations: Landek, Poruba, Krásné Pole) • Hire of equipment (bows, arrows, targets, crossbow) • Supervision and instruction by a qualified instructor.

Physical abilities: No limitations.

Total time: Approx. 4 hours (+ preparation of 3D figurines).

Number of participants: 10–30 people.

Spectators: Spectators can be present.

Clothing, equipment: Depends on weather, tight clothing should be worn.

Season, weather: Year-round, cannot take place in heavy rain.

Location: Ostrava and surroundings (up to 30 km).

When to order: At least 1 week in advance.

The magic of archery

Package code:

1-3 people AKT 111 265, 4-6 people AKT 112 266.



In the ancient world and medieval times, no man was considered a real man unless he could use a bow and arrow. And women too – after all, the famous Amazons were fierce warriors with amazing archery skills. In many parts of the world, bows and arrows are still used to fight or to hunt wild animals. Uncover the secrets of target archery – a sport of skill and elegance.

Contents of the package: The service takes place at the archery centre • Clients are given basic information on archery • Hire of equipment (bow, arrows, stand, quiver, fingerguard, armguard) • Basic training • Target shooting (10 metres – 20 metres distance) • Competitions can be organized for groups of 3 or more clients (included in the service price) • Hardboard targets are used.

Physical abilities: No limitations. **Total time:** 2 hours.

Number of participants: 1-3 people, 4-6 people.

Clothing, equipment: Depends on weather and season.

Season, weather: Year-round, does not depend on weather. In bad weather the service will take place in the indoor archery centre (on the same site).

Location: Ostrava-Mariánské Hory.

When to order: At least 2 days in advance.

Notes: Participants should provide their own interpreter.

Professional tennis coaching

Package code:

Programme A) AKT 075 210,

Programme B) AKT 076 211.



Whether you are a newcomer to this wonderful sport or have already enjoyed many games, sets and matches, a lesson with a professional tennis coach will help you eliminate bad habits and enhance your performance in one of the world's most popular sports. Learn how to hold the racket, move correctly, and apply good technique in your stroke play. After two hours' intensive training you are sure to reach new heights of performance, and the path to the world championship will beckon...

Contents of the package: **Programme A)** Summer – outdoor court • **Programme B)** Winter – indoor court
• Welcome, information on the structure of the training
• Warm-up, game, analysis of skills, training • Racket testing, simulator training, soft tennis demonstration • Shower, analysis of skills progress, recommendation of next steps • Refreshments (soft drinks – offer may vary).

Physical abilities: No limitations. **Total time:** Approx. 2 hours. **Number of participants:** 1-2 people.

Spectators: Spectators can be present.

Clothing, equipment: Tennis shoes, T-shirt, shorts, tracksuit, your own towel. Tennis racket, soft racket, balls (hired on site). **Season, weather:** Year-round, does not depend on weather. **Location:** Ostrava-Petřkovice.

When to order: At least 1 week in advance. (The courts are usually occupied between 4 and 7 p.m.)



Fencing – a noble sport

Package code:

1-2 people AKT 073 208, 3-4 people AKT 074 209.



Sword-fighting has always been the stuff of legendary heroes and villains – the Three Musketeers, the mysterious Zorro, and countless bloodthirsty pirates. Of course fencing – just like the choreographed sequences in adventure films – is a world away from the bloody reality of sword-fights. But every fencer loves the exciting cut-and-thrust of this romantic, chivalrous sport. Modern fencing is all about elegant movements, quick reactions and strong defence. Try your hand at this aristocratic pastime with a range of weapons – epees, sabres and foils.

Contents of the package: Meeting with the fencing coach • Fencing demonstration • Instruction on the rules of fencing • Clients try out different types of weapon (epees, sabres and foils) • Basic training on stance and movement • Hire of complete fencing equipment • Fencing practice with friends or the coach, using a fencing machine.

Physical abilities: No limitations. **Total time:** 2 hours.

Number of participants: 1-4 people.

Spectators: Spectators can be present.

Clothing, equipment: Comfortable casual clothes (tracksuit, T-shirt), indoor sports shoes. Complete fencing equipment (including weapons and mask) can be hired free of charge.

Season, weather: All year round, best during holidays and at weekends. **Location:** Ostrava-Poruba

When to order: 2 weeks in advance.

Dive down into the depths...

Package code:

1 person AKT 116 273.



Would you like to experience the magic of diving for the first time? To feel for yourself what it's like to plunge down into the water like a real diver, using real equipment – but in the hands of an experienced professional instructor, in a safe swimming pool environment? If the answer is yes, then this is the perfect package for you!

Contents of the package: Introduction to the safety aspects of diving, working with equipment, correct breathing and underwater movement techniques, safety drill • Diving in a swimming pool (usually the Vítek pool in Ostrava-Hrabůvka) • Equipment hire • Supervision by an experienced professional instructor • Cap and T-shirt.

Physical abilities: Clients should be in good health. Not suitable for epileptics and those with heart problems. Clients taking medication must inform staff.

Total time: 2 hours.

Number of participants: 1 person. The service can be provided to larger groups (this must be arranged in advance). **Spectators:** Spectators can be present.

Clothing, equipment: Swimming costume, towel. Hire of all equipment is included in the price.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava. **When to order:** 2 weeks in advance.

Diving course

Package code:

1 person AKT 115 272.



Have you always wanted to explore the deep blue depths? Then this course is perfect for you – spend several days learning to dive under the supervision of experienced professional instructors (indoor swimming pool, outdoor conditions).

Contents of the package: 6 theory lessons (usually two weekends, from 9 a.m. to 6 p.m.) • 6 practical lessons in an indoor swimming pool (usually 2 weekends, 2 hours each) • 4 dives in real outdoor conditions (20–40 minutes depending on water temperature and client abilities – location: quarry lake at Svobodné Heřmanice) • Clients obtain a certificate from IANTD (International Association of Nitrox and Technical Divers) if they complete the course successfully • Cap and T-shirt.

Physical abilities: Clients should be in good health. Not suitable for epileptics and those with heart problems. Clients taking medication must inform staff.

Total time: Lessons are spread over several days (practical training on 2 weekends). Times can be changed by prior agreement to suit the client. **Number of participants:**

1 person. The service can be provided to larger groups (this must be arranged in advance). **Spectators:** Can be present. **Clothing, equipment:** Swimming costume, towel. Hire of all equipment is included in the price.

Season, weather: Year-round, does not depend on weather. **Location:** Ostrava, Quarry lake at Svobodné Heřmanice. **When to order:** 2 weeks in advance.

A first date with a kayak and a canoe

Package code:

1 person AKT 120 277.



Whitewater river sports are hugely popular here in the Czech Republic. Perhaps you've always wanted to try them too, but you're not too confident in your own abilities? No problem – with this package you will complete a full training course under the supervision of an experienced instructor, and then you can put your new-found skills to the test on a real river! Even world champions had to start somewhere... and this is a sport for all age groups!

Contents of the package: Transport from the company offices to the training location and back (location will be chosen depending on water conditions) • Transport costs included in the price • Equipment hire (clients will try out canoeing and kayaking to learn about the different styles and techniques involved) • Training sessions – 4 hours including a real descent of a stretch of river (rivers Opava, Moravice or Ostravice – depending on the water conditions and client preferences).

Physical abilities: No limitations. Clients must take account of their current state of health. **Total time:** 4 hours.

Number of participants: 1 person. More by arrangement.

Spectators: Spectators can be present.

Clothing, equipment: Spare clothing and shoes, towel.

Season, weather: 1. 5.-15. 9., does not depend on weather.

Location: Ostrava and surroundings.

When to order: At least 4 days in advance.

Rafting or canoeing as salmon in the rapids...

Package code:

raft AKT 121 278, canoe AKT 122 279.



The rivers of Ostrava are much cleaner nowadays than a few years back and based on the historical development, they run through the area without any housing. More than 40 kilometres of water streams are found in the urban area of Ostrava and half of it makes running water and rapids which perfectly suits to leisure activities. You can also make sure that it is true in your own eyes. Just choose a type of vessel and set on a discovery expedition. Do not worry because a skilled instructor will be on your side.

Contents of the package: In case the client has no water sports experience, they will be instructed about the use of equipment and control of the vessel plus safety instructions • Canoeing on the selected part of the river as agreed with the instructor using a raft or canoe • Raft or canoe rental (as per the program choice) • Transportation from the company premises to the canoeing area is not included in the price of the service (cash payment required at 11.00 CZK/km back and forth).

Physical abilities: Clients must be in good health.

Total time: 5–7 hours (Transportation time excluded).

Number of participants: 1 person, more by arrangement.

Clothing, equipment: Spare clothing and shoes, towel.

Season, weather: 1. 5.–15. 9., does not depend on weather.

Location: Ostrava and surroundings.

When to order: At least 1 week in advance.

Notes: Participants should provide their own interpreter.

Digital photography in industrial and non-industrial Ostrava

Package code:

1 person POH 095 296, 2 people POH 096 297,

3 people POH 097 298.



Contents of the package: Guided tour of Ostrava on chosen route • Public transport and entrance charges (New City Hall observation tower) paid by the service provider • Professional instruction on photographing architecture • Camera can be borrowed for particular shots • CD with client's photos (if the service provider's camera is borrowed).

Route A: Ostrava city centre: New City Hall (birds' eye view of Ostrava), Prokeš Square, the 'Red Church', Husův sad park, Poštovní street and architecture, Jirásek Square, Masaryk Square, tram to blast furnace and Hlubina colliery (exterior shots, no entry to site).

Route B: Ostrava-Vítkovice: Vítkovice square and surrounding streets (typical red brick architecture), Lidická Street houses (English-style terraces) and blast furnace (exterior shots, no entry to site).

Physical abilities: Suitable for clients over 16 years of age.

Total time: 3 hours. **Number of participants:** 1–3 people.

Clothing, equipment: Normal clothing. It is best to bring your own digital camera. We recommend a range of lenses and filters. Service provider's camera can be borrowed for particular shots.

Season, weather: Year-round. Not in rainy weather.

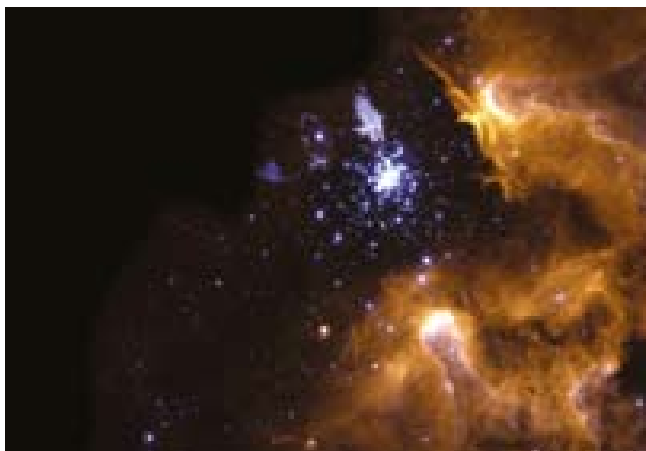
Location: Ostrava.

When to order: Best 3 weeks in advance.

Planetarium – a stargazer's guide to the galaxy

Package code:

1 person POH 090 290.



Maybe you have visited a planetarium and wondered what it might be like to have your own telescope and be able to gaze up at the heavens whenever you choose... If so, then this package is perfect for you. The artificial night sky at the planetarium teaches you how to find your way around the heavens and guides you to the most interesting sights. We then show you how to take the first steps towards stargazing on your own.

Contents of the package: Introductory lesson (60-minute lecture at the planetarium and 30-minute consultation) • Three phone or e-mail consultations (within 3 months of experiencing the package) • Alternatively, one face-to-face consultation (30 minutes at the planetarium within 3 months of experiencing the package) • Gift – revolving map of the night sky • Ticket to the VŠB-Technical University of Ostrava Geological Pavilion exhibition (one person, one entrance)

Physical abilities: No limitations. **Total time:** 1,5–2 hours.

Number of participants: 1 person. The planetarium lecture can be attended by 5 more people.

Clothing, equipment: Normal clothing.

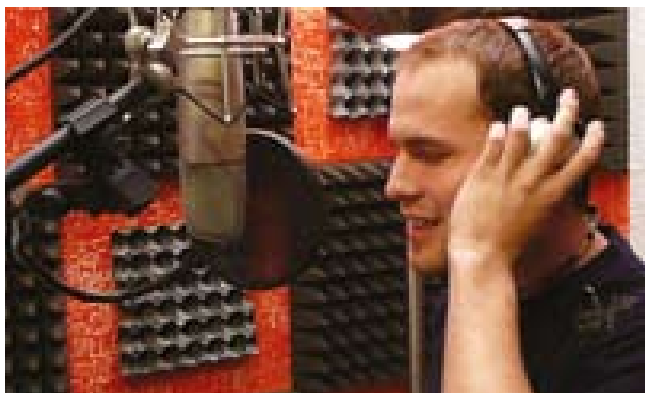
Season, weather: Year-round except July and August, does not depend on weather. **Location:** Ostrava-Poruba.

When to order: At least 3 weeks in advance.

My first hit on CD

Package code:

1-4 people POH 071 199.



Do you know somebody who's a great singer? Or somebody who loves singing and is bursting with charisma? Perhaps it's you! The path to fame and fortune is a rocky one, and showbusiness is a tough game – but every journey has to start somewhere. For musicians the starting point is their demo – their first recording that they can present to record labels, songwriters or producers. If you want to uncover a new talent, you need to know where to look. Perhaps the talent is inside you, just waiting to be discovered! Come and spend a day in a recording studio owned by a famous hit singer – who'll give you all the guidance you need to help you produce your very own first studio recording.

Contents of the package: The studio will be reserved just for you • Supervision by an experienced music producer • Sound production • Professional equipment – microphones, compressors (all available on site) • Final mix and mastering • Recording on a CD that you can take away with you • Refreshments (tea, coffee, soft drinks).

Physical abilities: No limitations. **Total time:** 5-6 hours.

Number of participants: 1-4 people.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather. **Location:** Ostrava-Mariánské Hory.

When to order: At least 1 month in advance.

Up and down (the mine)

Package code:

Family (2 adults + 2 children 6–15 years of age)
POH 099 306, family (2 adults + 1 child 6–15 years of age) POH 100 307, 1 adult POH 101 308,
group of up to 5 people (adults) POH 102 309.



Contents of the package: Above-ground part of museum without guided tour: machinery and equipment, reconstruction of mammoth-hunters' settlement •

Guided tour of underground part of museum: trip underground in mineshaft lift, 250m of mine tunnels, simulation of two coalfaces from the early 19th century •

Guided tour of mining rescue techniques and equipment: largest exhibition of its kind in the world
• Lunch menu and welcome drink for adults (miners' specialities) • Souvenirs (set of 4 themed postcards + model of mine wagon/mini-statue of the torso of the Landek Venus prehistoric figure).

Physical abilities: No limitations.

Total time: Approx. 3 hours.

Number of participants: 1–5 people.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava-Petřkovice.

When to order: At least 10 days in advance.



Discover the rich world of rocks

Package code:

1 person POH 087 283, 5 people POH 088 284,

10 people POH 089 285.



Discover the wonderful world of rocks through a rich range of minerals, rocks and fossils – this collection will enchant you with its mystery and aesthetic beauty. In the Geological Pavilion you can view thousands of samples of rocks from all around the world, under the expert direction of your guide, who will talk you through the individual exhibitions and reveal the mysteries of geology.

Contents of the package: Clients visit the Geological Pavilion where they are given a 60-minute guided tour • You can spend a whole day with the collections • Small gift (set of minerals).

Physical abilities: No limitations.

Total time: One full day from opening time to closing time.

Number of participants: 1-10 people.

Spectators: Spectators cannot be present.

Clothing, equipment: Normal clothing.

Season, weather: Year-round on weekdays Mon–Fri 8 a.m. to 5 p.m., July and August only up to 3 p.m. Does not depend on weather.

Location: Ostrava-Poruba.

When to order: 2 weeks in advance.

Soft soap

Package code:

1 person POH 075 213.



The gentlest, subtlest floral fragrance, velvet-soft to the touch, in a wide palette of colours and a rich array of shapes – these are the achievements of the artisan soapmaker's art, a craft that reaches back to ancient times. Soap is so much more than just a cleaning product – it can also serve as an artistic decoration for any home. Learn about soap-making, produce your own soaps, and give free rein to your fantasy!

Contents of the package: Talk on the history of soapmaking • Demonstration of soap-making and tour of soap workshop • Clients can try their hand at making soap and take their own soaps home with them • Soap can be bought at trade prices.

Physical abilities: No limitations.

Total time: 2–3 hours.

Number of participants: 1 person. Groups of up to 10 people can be catered for by prior arrangement.

Spectators: Spectators cannot be present.

Clothing, equipment: Normal clothing.

Season, weather: January–October, does not depend on weather.

Location: Vratimov.

When to order: At least 2 weeks in advance.

The dance of a thousand and one nights...

Package code:

1-4 people POH 072 200, 5-10 people POH 073 201.



Inspire your body and mind with the culture of the Orient – taste the exotic atmosphere of the harem with its sensual belly dancers, mysterious sultans, mystical pyramids, and the hot sun that quickens your pulse and inspires your soul. A highly skilled oriental dancer will help you uncover the secrets of this sensual dance experience. In two hours you will learn the basics of oriental dance wearing authentic costumes (hired). You can experience the dance of a thousand and one nights either individually or with a group of friends.

Contents of the package: Learn the basics of oriental dance under the supervision of a professional teacher • Find out about the history and contemporary trends in oriental dance, and learn more about its positive effects on your health and sex life • Hire of oriental costumes (skirt, coin belt, top).

Physical abilities: Not suitable for pregnant women.

Total time: 2 hours. **Number of participants:** 1-10 people.

Clothing, equipment: Short T-shirt or top, long loose skirt, trousers or leggings, dance shoes or ballet shoes. Available for hire: coin belts, tops, skirts.

Season, weather: Year-round, does not depend on weather. **Location:** Ostrava.

When to order: At least 1 week in advance.



Fiery flamenco

Package code:

1 person POH 070 196.



The history of flamenco dates back to the early 18th century. Flamenco as a style of music and dance is the best-known export of Andalucian folk culture. Flamenco has travelled far beyond its native Spain thanks to its beauty, passion and artistic integrity.

Contents of the package: Flamenco dance lessons • Castanet lessons • Dance with manton, fan, dress hire • Refreshments (coffee, tea, soft drinks).

Physical abilities: No limitations.

Total time: 3 hours.

Number of participants: 1 person. The service can be provided for up to 15 people if arranged in advance.

Spectators: Spectators can be present.

Clothing, equipment: Comfortable clothing, such as leggings and tight T-shirt. Dance shoes with low soles, closed heels and tip.

Season, weather: Year-round, does not depend on weather.

Location: Moravská Ostrava.

When to order: At least 3 weeks in advance.

Notes: Participants should provide their own interpreter.

Treasures of the chateau wine-cellar

Package code:

6 people GAS 008 220, 12 people GAS 009 221.



Wine is a magical drink, as old as civilization itself, and is an integral part of Moravian culture. Learn more about the history of wine and the Moravian wine regions. Be enchanted by the delicate aroma and unforgettable taste of a range of grape varieties and vintages – the professional sommelier will answer any questions you may have about wine and wine-drinking.

Contents of the package: All you ever wanted to know about wine but were afraid to ask (the sommelier) • Virtual tour of the wine regions of Moravia with commentary (Renaissance wine cellar) • Sensory test of taste and aroma (Renaissance wine cellar) • How to taste wine ('The Grapes' wine shop) • Organized wine-tasting (8 samples) with Czech specialties – Grand Moravia cheese, home-produced bacon, grilled wine sausages, home-baked bread – buffet in the Knights' hall • Gift – bottle of chateau wine 0.7l (from the wine-maker Michlovský), T-shirt with logo (for each participant).

Physical abilities: For over-18s.

Total time: Approx. 4 hours.

Number of participants: 6 and 12 people.

Clothing, equipment: Comfortable everyday clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava-Zábřeh.

When to order: 2 weeks in advance.

Mysteries of the chateau brewery

Package code:

6 people GAS 006 218, 12 people GAS 007 219.



Good beer is an integral part of the Czech national identity. Lifelong friendships are cemented over a glass of the amber nectar, and beer refreshes both at the height of summer and in the depths of winter. Would you like to see for yourself how beer is made? Take this unique tour of the chateau microbrewery in the company of an experienced brewer, taste young beer, discover how to pour beer correctly, enjoy good food and a small gift.

Contents of the package: All you ever wanted to know about beer but were afraid to ask (the brewer) • Guided tour of the chateau microbrewery • Tasting of young beers (3 samples, chateau microbrewery) • How to pour beer (2 beers per person, chateau restaurant) • Beer grill – good beer and food grilled over the open hearth (250g meat, bread, 3 beers per person (Knights' hall) • Gift (for each participant) of beer glass with logo, T-shirt with logo, 'Beer Connoisseur' badge.

Physical abilities: For over-18s.

Total time: Approx. 4 hours.

Number of participants: 6 and 12 people.

Clothing, equipment: Comfortable everyday clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava-Zábřeh.

When to order: 2 weeks in advance.

Romantic dinner for two

Package code:

2 people GAS 010 267.



How about a romantic candlelit dinner for two, far away from the worries and cares of everyday life? This package, a wonderful dinner in a romantic spa restaurant, will make a perfect surprise for that special someone in your life. The chef will prepare a special menu just for you. From the aperitif to the dessert, this will be just the beginning of an evening to remember...

Contents of the package: Aperitif (choice from three)
• Starter • Main course (choice from two specially prepared romantic menus) • Hot dessert (choice from three) • Gift with the provider's logo.

Physical abilities: No limitations. **Total time:** 1-1,5 hours.

Number of participants: 2 people.

Spectators: Spectators cannot be present.

Clothing, equipment: Evening dress.

Season, weather: Year-round, does not depend on weather. **Location:** Klimkovice.

When to order: 2 weeks in advance.

Be even more beautiful

Package code:

1 person POH 085 268.



Have you been feeling a little tired recently? Do you think you should be doing more for yourself? Mechanical lymphodrainage is a great way to rejuvenate your lymphatic system – and if you would like to smooth out those first wrinkles, you can try our laser cosmetics.

Contents of the package: Jacuzzi bath + dry pack (30 minutes including changing) • Partbody aromatherapy massage (20 minutes according to the client's wishes and needs, back, legs/feet, head etc.) • Facial laser cosmetics (15 minutes) • Cosmetic mechanical lymphodrainage (25 minutes, according to the client's wishes) • Small gift with service provider's logo.

Physical abilities: No limitations. Clients must take account of their current state of health.

Total time: 1,5–2 hours.

Number of participants: 1 person.

Spectators: Spectators cannot be present.

Clothing, equipment: Sports clothing, swimming costume, towel.

Season, weather: Year-round, does not depend on weather.

Location: Klimkovice.

When to order: 2 weeks in advance.

Spa relaxation package

Package code:

1 person POH 086 269.



Your health is the most precious thing you have. This package will help you keep fit and healthy in the beautiful surroundings of a modern spa complex, where you can enjoy a healing, relaxing iodine-bromide bath, a professional massage to breathe new energy into your body, a refreshing infrasauna or the spa swimming pool.

Contents of the package: Full iodine-bromide bath (20 minutes) + dry pack (10 minutes) • Traditional part-body massage (20 minutes, according to the client's wishes and needs) • Infrasauna + swimming (45 minutes total, infrasauna 20-30 minutes) • Small gift with service provider's logo.

Physical abilities: No limitations. Clients must take account of their current state of health.

Total time: 1,5-2 hours.

Number of participants: 1 person.

Spectators: Spectators cannot be present.

Clothing, equipment: Swimming costume, towel.

Season, weather: Year-round, does not depend on weather.

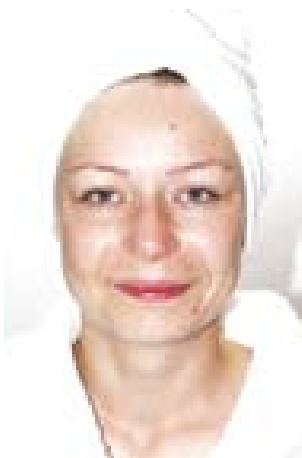
Location: Klimkovice.

When to order: 2 weeks in advance.

Bring out your inner beauty

Package code:

1 person POH 078 216.



Would you like to give your skin new vitality? Have you spent ages in front of the mirror, but without the results you wanted? Then just relax ... and let yourself be pampered like a film star. Come and get the professional treatment – and bring out your skin's natural inner beauty.

Contents of the package: Skin analysis • First cleansing • Massage – face, neck, décolletage • Deep cleansing • Depilation • Eyebrow trim and dye • Eyelash dye • Facial mask • Electro-cosmetic treatment (using various types of electrical current).

Physical abilities: No limitations. The individual stages in the treatment depend on your skin type, age and health. The service is suitable for girls, women and men.

Total time: 2–3 hours.

Number of participants: 1 person.

Spectators: Spectators cannot be present.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather.

Location: Moravská Ostrava.

When to order: At least 1 month in advance.

A massage for body and soul

Package code:

1 person POH 116 329.



Find ultimate relaxation and inner calm – slow down and chill out with soothing music and an unforgettable massage. The human body is a thing of wonder, and if we look after it, it will reward us. Try out a combination of mechanical and manual massage – come and enjoy the professional treatment.

Contents of the package: Special lifting massage – face and décolletage – with mechanical lymphatic massage (legs and feet) • Application of nutrient and vitamin serums with rejuvenating, firming and clarifying effects • Ultrasound face massage • Final massage – face and décolletage.

Physical abilities: For all ages. **Total time:** 2 hours.

Number of participants: 1 person.

Spectators: Spectators cannot be present.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava.

When to order: 2 weeks in advance.

Lava stone massage

Package code:

60 minutes POH 118 341, 90 minutes POH 119 342.



A lava stone massage is the ultimate in luxury massage treatment. The heat from the stones, combined with the unique massage technique, bring deep relaxation and banish stress and tension. Lava stone massage is ideal for tired, aching muscles, joints, back pain, neck pain, rheumatism, muscle spasms, insomnia, headaches and much more...

Lava stone massage stimulates the blood circulation and the lymphatic system. Lava stones are applied to the body, bringing deep relaxation to the entire organism. By stimulating blood flow, the massage restores the body's energy and speeds up your metabolism – making lava stones a good way to start slimming.

Contents of the package: Lava stone massage – 60 or 90 minutes.

Physical abilities: For all age groups. Not recommended for pregnant women or people who are sensitive to heat, those with varicose veins or severe skin complaints.

Total time: 60 nebo 90 minut.

Number of participants: 1 person.

Spectators: Spectators cannot be present.

Clothing, equipment: Normal clothing.

Season, weather: Year-round, does not depend on weather.

Location: Ostrava.

When to order: 2 weeks in advance.

A complete style makeover

Package code:

1 person POH 115 328



Is it difficult for you to find the right style – a style that really suits you and reflects your unique personality? Are you not sure what to wear for a family gathering, business meeting, job interview, company dinner or date? If the answer to any of these questions is yes, then this is just the package for you – consult our expert professionals and you'll leave those tired old habits behind! Now you can be the centre of attention – be good to yourself, and let us help you find a fantastic new style!

Contents of the package: Hairdressing session – consultation, then you choose: dye, highlights/lowlights, hair treatment, styling • Skin treatment • Makeup • Clothes and accessories style consultancy • Colour coordination • Personality type description • Enhancing your figure by your choice of clothes – hints and tips • Glasses test • Design of individual skin care programme • Expert professional advice on how to create your image at home and what to invest in (all provided in writing) • If you are interested, we can take a complete set of photos documenting your makeover.

Physical abilities: No limitations. **Total time:** 4 hours.

Number of participants: 1 person.

Clothing: Normal clothes. Bring leggings and socks.

Season: Year-round.

Location: Ostrava. **When to order:** 2 weeks in advance.

Tourist sights in Ostrava

Ostrava is the third largest city in the Czech Republic, with around 315,000 inhabitants. The city is located on the Ostravice river in the north-east of the country and lies at the heart of the Moravian-Silesian Region, near the Slovak and Polish borders, with easy access and beautiful views of the Beskydy mountains.

Ostrava, with its **wide range of leisure activities and shopping**, is a colourful city pulsating with life, which long ago lost its traditional industrial character. Many visitors mistakenly associate Ostrava with coal-mining, although the last coal was mined back in 1994. Since that time, the city has seen many and varied changes. **Ostrava has grown into a beautiful place**, and is a constant source of surprises. The **former collieries now house museums and galleries**, and the former steelworks and blast furnaces are awaiting similar use. The city's industrial heritage has brought **a wealth of wonderful architecture** that is well worth viewing. As well as technical sights, Ostrava also offers **a range of cultural and historical attractions** which will make your visit a truly unforgettable experience.

Lower Vítkovice area – Hlubina colliery, Blast furnaces, Vítkovice coking plant – National Cultural Heritage Site **1**

A unique industrial heritage site dating from the first half of the 19th century. A puddle furnace from 1828 originally stood on the site, and was the first of its type in the Austro-





Hungarian monarchy, founded by Archbishop Rudolf. The blast furnace dates from 1836, and the Hlubina coal mine was opened in 1843. The entire technological flow – from coal mining through coke production to pig-iron production – was concentrated on the same site, making the complex unique in the Czech Republic. In 2008 the Lower Vítkovice site was included on the European Cultural Heritage List.

W www.dolniblastvitkovice.cz

Michal Mine – National Cultural Heritage Site ②

The Michal coal mine is an exceptionally valuable former industrial site both in technical and architectural terms. The tour route leads visitors along the same path taken by miners walking to the coal face at the start of their shift. The exhibition operates according to the 'last working day' principle, with everything left as it was after the last ever shift.

W www.dul-michal.cz

The Ema Slag Heap ③

The heap consists of more than 4 million sq meters of mine waste from The Trinity Colliery and it is a favourite Sunday trip destination. Spontaneous ignition appeared deep in its bowels in the 1960s and the invisible fire still keeps burning. Inside temperature reaches up to 1,500 °C creating suitable habitats for steppe species of fauna and flora along the dump limits. Extreme temperature produces rare minerals inside this man-made singularity of nature. Visitors should follow the marked yellow path.

Firefighting Museum ④

The museum contains historical and modern vehicles, and visitors can also see the lamp rooms, sirens and uniforms, as well as breathing equipment. One of the most valuable exhibits is the old water pump.

W <http://muzeum.hzsmsk.cz>

Landek park with mining museum ⑤

The largest mining museum in the Czech Republic is situated at Landek hill, a site of worldwide significance for geology, archeology, history, natural history and mining. The individual exhibitions at the museum map the development of coal mining in the Ostrava-Karviná coal basin, as well as charting the development of mining machinery and rescue equipment. The museum houses the largest collection of mining rescue equipment in the world, and gives visitors a fascinating insight into the life and work of coal miners. The tour also includes a short trip under ground in the mineshaft lift.

W www.muzeumokd.cz

Museum of Keltička the Blacksmith ⑥

Legend has it that a blacksmith, called Keltička, used to live in today's Museum. He is said to have discovered black coal in Ostrava. A small exhibition illustrates the beginnings of coal mining in Ostrava.

W www.keltickovakovarna.wbs.cz

Miniuni ⑦

A unique world of miniature buildings, with models of European landmarks at a scale of 1:25, including the Prague Old Town Hall, Big Ben, the leaning tower of Pisa, the Royal Palace in Warsaw, and a 12-metre-tall





Eiffel Tower. Miniuni also includes 7 ancient wonders of the world. A collection of over 30 models of iconic international buildings, with small trains and steamboats. Miniuni also has a restaurant serving specialties from all over Europe.

W www.svetminiatur.cz

Ostrava Sea Aquarium 8

Aside from the permanent exhibit of sea and fresh-water flora and fauna, you can see several lizards and monkeys.

W www.akvarium-ostrava.cz

Zither Museum 9

A unique collection of zithers made in the Czech lands.

W www.citera.cz

Ostrava Museum 10

The city's museum has an exciting new exhibition with interactive features and a 3D film. Put on the special 3D glasses and take a tour of the whole city in just three quarters of an hour. A particularly outstanding exhibit is an indoor astronomical clock (a work by Jan Mašek), 225cm high.

W www.ostrmuz.cz

Ostravar Brewery 11

The brewery tour takes in the boiling room, fermentation cellar and storage tanks, filtering plant, filling and bottling plants, and the old boiling room which features an interesting exhibition on brewing history. At the end of the tour there is a beer-tasting session!

W www.ostravar.cz

Fairy-Tale Ghost Cellar 12

This exhibition is housed in cellars dating back over 150 years, and features a number of ghostly chambers: the spider room, hell, pirates' island, an industrial ghost room, and a fairy-tale world.

W www.cerna-louka.cz/sklep-strasidel

Silesian Ostrava Castle 13

The original two-storey palace with fortified walls and a system of watchtowers was first mentioned in 1297. Today the castle is used as a venue for cultural and social events, as well as for wedding ceremonies.

W www.slezskoostravskyhrad.cz

Stodolní Street – clubland 14

The street that never sleeps. Stodolní Street is a pulsating, vibrant destination for thousands of revellers enjoying music, entertainment and a range of cultural events. Since 2002 Ostrava has hosted the annual Colours of Ostrava music festival, which brings together bands and singers from many countries.

W www.stodolni.cz





New City Hall Viewing Tower (85.6m) 15

An unusual view of the green city of Ostrava, with a panorama of the Beskydy mountains, the Odra river basin, the Polish border, and in good visibility, the mountain of Praděd in the Jeseníky mountains.

W www.ostravainfo.cz

Ostrava Zoo 16

Opened in 1951, the zoo houses around 320 species of animals on a site covering over 100 hectares. The zoo also offers rest stops, feeding times with expert commentary, motor train rides, educational and entertainment events, restaurants, and refreshments.

W www.zoo-ostrava.cz

The František Pošepný Geological Pavilion

Mineralogical, petrographic, paleontological collections as well as mineral collections are concentrated and displayed within. History of the unique geological collections reaches back to 1849.

W <http://geologie.vsb.cz/gp>

Johann Palisa Observatory and Planetarium

The planetarium, which seats up to 100 people, has an 'artificial sky', with around 9,000 stars, planets and other celestial bodies projected onto the ceiling. As well as astronomy lectures and talks, the planetarium also hosts classical music and jazz concerts.

W <http://planetarium.vsb.cz>

Accommodation

Areál Ferdinand: Vrbka 29, 725 26 Ostrava-Krásné Pole, +420 596 942 777, www.arealferdinand.cz

Clarion Congress Hotel Ostrava: Zkrácená 2703, 700 30 Ostrava-Zábřeh, +420 596 702 111 (817), www.ccho.cz

Harmony Club Hotel Ostrava: 28. října 170, 709 00 Ostrava-Mariánské Hory, +420 596 652 111, www.harmonyclub.cz

Hotel a restaurace Třebovický mlýn: Na Heleně 2, 722 00 Ostrava-Třebovice, +420 596 911 149, www.trebovickymlyn.cz

Hotel Akord: Náměstí SNP 1, 700 30, Ostrava-Zábřeh, +420 596 762 511, www.dk-akord.cz

Hotel Areál: Plzeňská 6, 700 30 Ostrava-Zábřeh, +420 596 704 111, www.hoteltrans.cz/areal

Hotel Aron: Lidická 22/179, 703 00 Ostrava-Vítkovice, +420 596 612 495, www.hotel-aron.cz

Hotel Best: Keltičkova 60, 712 00 Slezská Ostrava, +420 596 242 050, www.hotel-best.com

Hotel Bonum: Masná 6, 702 00 Ostrava-Moravská Ostrava, +420 596 114 050, www.hotel-bonum.cz

Hotel Brioni: Stodolní 8, 702 00 Moravská Ostrava +420 596 500 000, +420 607 150 000, www.hotelbrioni.cz

Hotel City Ostrava: Macharova 16, 702 00 Moravská Ostrava, +420 596 134 090, www.hotelcity-ostrava.cz

Hotel club Trio: Pobialova 846/10, 702 00 Ostrava-Moravská Ostrava, +420 596 111 247, www.hotel-trio.cz

Hotel DMH: Výškovická 122, 700 30 Ostrava-Zábřeh, +420 596 751 779, +420 596 796 111, www.hoteltrans.cz/dmh

Hotel Elmontex: Edisonova 88, 700 30 Ostrava-Hrabůvka, +420 596 780 778, www.elmontex.cz

Hotel Garni: Na Bunčáku 2, 710 00 Slezská Ostrava, +420 596 242 247, www.garnihotel.cz

Hotel Isora: Antošovická 11, 711 00 Ostrava-Koblov, +420 596 239 502, www.hotel-isora.com

Hotel Jan Maria: Slívová 1946/7, 710 00 Slezská Ostrava, +420 595 245 111, www.jan-maria.cz

Hotel Maria: Přívozká 23, 702 00 Moravská Ostrava, +420 596 110 676, www.hotel-maria.cz

Hotel Max: Nádražní 186, 702 00 Ostrava-Přívoz, +420 595 136 790, www.hotelmax-ostrava.com

Hotel Metropol: Jaklovecká 8, 710 00 Ostrava-Slezská Ostrava, +420 596 243 399 www.hotel-metropol.cz

Hotel Mexiko: Bohumínská 37, 712 00 Ostrava-Muglinov, +420 596 629 695, www.hotelmexiko.cz

Hotel Na Kafkové: Kafkova 1380/15, 702 00 Moravská Ostrava, +420 739 074 3, www.hotel.nakafkove.cz

Hotel Nikolas: Nádražní 124, 702 00 Moravská Ostrava, +420 596 134 000, www.nikolas.cz

Hotel Palác Elektra: Umělecká 305/1, 702 00 Moravská Ostrava, +420 595 133 644, www.palac-elektra.cz



Hotel Paradise: 28. října 272, 709 00 Ostrava-Mariánské Hory, +420 596 626 497, www.hotel-paradise.cz

Hotel Park Inn Ostrava: Hornopolská 3313/42, 702 00 Ostrava, +420 595 195 000 (509), www.ostrava.parkinn.cz

Hotel Puls: Ruská 3077/135, 703 00 Ostrava-Vítkovice, +420 596 790 611, www.arena-vitkovice.cz

Hotel RUBY BLUE: Stodolní 11, 702 00 Ostrava, +420 597 609 111, www.rubyblue.cz

Hotel Safari: Bohumínská 67/1139, 702 00 Slezská Ostrava, +420 777 200 564, www.hotel-safari.cz

Hotel Sport Club: Čkalovova 6144/18, 708 00 Ostrava-Poruba, +420 596 977 314, www.hotelsportclub.cz

Hotel Taurus: Těšínská 260, Ostrava-Radvanice, +420 739 035 842, www.hotel-taurus.cz

Hotel Veronika: Mírové náměstí 3d/519, 703 00 Ostrava-Vítkovice, +420 596 664 001, www.hotelveronika.cz

Hotel Vista: Kpt. Vajdy 3046/2, 700 30 Ostrava-Zábřeh, +420 597 221 111, www.hotelvista.cz

Hotel Zámek Poruba: Nábřeží SPB 60, 708 00 Ostrava-Poruba, +420 596 923 094, www.zamek-poruba.cz

Hotel Zlatá cihla: Cihelní 744/109, 700 30 Ostrava-Zábřeh, +420 596 613 284, www.zlata-cihla.cz

MaMaison Business & Conference Hotel Imperial Ostrava: Tyršova 6, 701 38 Ostrava 1, +420 599 099 779, www.mamaison.com/imperial

Zámek Zábřeh Ostrava: U Zámku 42/1, 700 30 Ostrava-Zábřeh, +420 554 819 411, www.zamek-zabreh.cz

Hotelový dům Hlubina: Horní 54, 700 30 Ostrava-Hrabůvka, +420 596 792 111, www.rpgcommercial.cz

Hotelový dům Metalurg: U studia 67/29, 700 30 Ostrava-Zábřeh, +420 595 783 067, www.boswell.cz

Koleje VŠB-TU: ul. Studentská 1770, 708 32 Ostrava-Poruba, +420 596 996 155, www.vsb.cz

Studentská Residence Slezská: Československé Armády 1612/25, 710 00 Ostrava-Slezská Ostrava, +420 555 558 231, www.koleje-slezska.cz

GUEST HOUSES

Hostinec Penzion Lhotka: Petřkovická 125, 725 28 Ostrava-Lhotka, +420 596 628 662, www.hostineclhotka.cz

Můj Penzion: Výletní 1, 739 32 Vratimov, +420 737 616 818, www.muypenzion.cz

Penzion Anet: U Rozvodny 428, 739 32 Vratimov, +420 733 123 451, www.penzionanet.cz

Penzion Ben Polanka: Jaromíra Šamala 1276/6, 725 25 Ostrava-Polanka nad Odrou, +420 596 960 901, www.penzionben.eu

Penzion D.M.Z.: Kollárova 3, 709 00 Ostrava-Mariánské hory, +420 739 352 029, www.dmz-penzion.cz

Penzion Exotic: Přemyslovců 599/31, 709 00 Ostrava-Mariánské Hory, +420 721 112 266, www.ubytovani-ostrava.com

Penzion Florian: Světlovská 35, 724 00 Ostrava-Proskovice, +420 596 768 101, www.penzion-florian.com

Pension JV bar: Palackého 30/582, 702 00 Ostrava-Prívov, +420 596 133 196, www.pension-jvbar.cz

Penzion Magda: Rokycanova 24, 716 00 Ostrava-Radvanice, +420 596 232 386, www.penzionmagda.eu

Penzion Motýlek: Vřesová 708, 742 85 Vřesina, +420 556 425 128, www.motylek.penzion.com

Penzion na Cihelní: Tomkova 7, 702 00 Moravská Ostrava, +420 737 888 855, www.penzion-cihelni.cz

Penzion Olymp: Vřesinská 115, 708 00 Ostrava-Poruba, +420 777 026 001, www.penzionolymp.cz

Penzion Orchidea: Daliborova 20, 709 00 Ostrava-Mariánské Hory, +420 596 620 247,

Penzion Paradise: Raisova 25, 709 00 Ostrava-Mariánské Hory, +420 596 626 497, www.hotel-paradise.cz

Penzion Sokolská: Sokolská třída 131, 702 00 Ostrava, +420 602 510 136, www.montaspol.cz

Penzion u FIKÁ: Lassalova 206/2, Ostrava-Hrušov, +420 596 244 861

Penzion U Kyblíků: Serafinova 580/37, 719 00 Ostrava-Kunčice, +420 595 626 259, www.ubytovna-ostrava.cz

Pension U Rašků: Binarova 32, 715 00 Ostrava-Michálkovice, +420 596 231 492, +420 603 551 081, www.pensionurasku.cz

Pension U Špačků: Sadová 17, 702 00 Ostrava-Moravská Ostrava, +420 596 115 631, www.u-spacku-ostrava.az-pension.eu

Penzion Ve Dvoře: Nádražní 19a, 702 00 Moravská Ostrava, +420 777 708 977, www.penzion-ve-dvore.cz

Pension 69: Slavníkovců 8, 709 00 Ostrava-Mariánské Hory, +420 605 222 706, www.pension69.cz

Dining tips

Café au pere tranquille: Musorgského 8,
702 00 Ostrava-Moravská Ostrava, +420 595 136 924,
www.aucafe.cz

Cocktail Restaurant Dlouhá 100ry: Nádražní 18,
702 00 Ostrava-Moravská Ostrava, +420 774 999 100,
www.clubland.cz

Comedor Mexicano: Nádražní 305,
702 00 Ostrava-Moravská Ostrava, +420 595 133 715,
www.restaurace-ostrava.eu

España: Tyršova 31, 702 00 Ostrava-Moravská Ostrava,
+420 596 112 872, www.espana-ostrava.wz.cz

Harenda u Barborky: Pod Landekem 64,
725 29 Ostrava-Petřkovice, +420 596 111 043,
www.restaurace-barborka.com

Hostinec Lhotka: Petřkovická 125, 725 28 Lhotka
u Ostravy, +420 596 628 662, www.hostineclhotka.cz

Koras: Soukenická 9, 702 00 Ostrava-Moravská Ostrava,
+420 596 117 639, www.korasrestaurant.cz

Legend (MaMaison Business & Conference Hotel

Imperial Ostrava): Tyršova 6, 701 38 Ostrava 1,
+420 599 099 099, www.mamaison/imperial.cz

Moravská chalupa: Musorgského 9, 702 00 Ostrava,
+420 596 124 937, www.moravskachalupa.cz

Park Restaurant: Vědeckotechnologická 372/2,
708 00 Ostrava-Pustkovec, +420 552 308 363,
www.restaurant-vtpo.cz

Restaurace Club Slunečnice: Na Pečonce 1903/21,
710 00 Slezská Ostrava, +420 596 242 548-50,
www.restaurantslunecnice.com

Restaurace Harmonie (Clarion Congress Hotel
Ostrava): Zkrácená 2703, 700 30 Ostrava-Zábřeh,
+420 596 702 111, www.ccho.cz

Restaurace Roxbery: Ocelářská 33,
703 00 Ostrava-Vítkovice, +420 596 639 442,
www.roxbery.cz

Restaurant Korunní: Korunní 56,
709 00 Ostrava-Mariánské Hory, +420 596 622 849

Restaurace Pod Klenbami: Masná 1752/6, 702 00
Moravská Ostrava, +420 596 114 050,
www.hotel-bonum.cz/restaurace-pod-klenbami.php

Restaurant U Kocoura: Jurečkova 10,
702 00 Ostrava-Moravská Ostrava, +420 777 006 622,
www.restaurantukocoura.cz

Stella Marina: Sokolská tř. 966/22, 702 00 Ostrava,
+420 595 136 922, www.stellamarina.cz

U Helbicha: Plzeňská 28, 700 30 Ostrava-Zábřeh,
+420 596 748 598, www.uhelbicha.com

Ideas for sports and recreation

BADMINTON

CDU sport: Charvátská 10, 700 30 Ostrava-Výškovice, +420 596 744 454, +420 603 410 636, www.cdusport.cz

Florian Sport Aréna: ul. Fráni Šrámka (University of Ostrava site), Ostrava, +420 731 949 410, www.tenis-ostrava.cz

SBA Squash: Horymírova 5, 700 30 Ostrava-Zábřeh, +420 596 720 696, +420 606 958 604, www.sbasquash.cz

SC Ostrava: Budečská 3214/2, 702 00 Moravská Ostrava, +420 595 131 950, +420 724 233 626, www.scostrava.cz

Ridera Sport, a. s.: Závodní 2885/86, 706 02 Ostrava-Vítkovice, +420 595 956 757, +420 739 521 952, www.riderasport.cz

Ostrava-Poruba Ice Stadium: Čkalovova 20/6144, 708 00 Ostrava-Poruba, +420 596 977 111, www.sareza.cz

BOWLING

B-Bowling: Pod Landekem 24, 725 28 Ostrava-Petřkovice, +420 728 830 596, www.bowling-ostrava.com

Bowling club Metalurg: U studia 31, 700 30 Ostrava-Zábřeh, +420 595 782 713, +420 731 443 077, www.bowlingclub-metalurg.cz

Bowling club Nagano '98: Výškovická 2/3085, 700 30 Ostrava-Zábřeh, +420 596 780 712, www.bowlingnagano.cz

Bowling club Rubín: Bohumínská 50, Slezská Ostrava-Kamenec, +420 596 244 784

Bowling Park: Mjr. Nováka 1490/14, 700 30 Ostrava-Hrabůvka, +420 596 719 030, www.bowlingpark.cz

Bowling SKY: Rušná 1717, 708 00 Ostrava-Poruba, +420 596 960 787, www.bowlingsky.com





SC Ostrava: Budečská 3214/2, 702 00 Moravská Ostrava, +420 595 131 950, +420 724 233 626, www.scostrava.cz

Slezska P.U.O.R.: Kolejní 2, 702 00 Ostrava, +420 774 023 599, www.slezska.com

Alexandria Leisure Centre: Výškovická 2614, 700 30 Ostrava-Zábřeh, +420 596 752 213, www.alexandrialod.com

Koruna Leisure Centre: Mongolská 1529, 708 00 Ostrava-Poruba, +420 596 964 052, www.infokoruna.cz

Zuzana Leisure Centre: Heyrovského 1579, 708 00 Ostrava-Poruba, +420 596 953 615, www.zuzanabowling.com

CYCLING

Ostrava offers excellent facilities for keen cyclists, with 180 km of marked cycle paths (routes A to Z). The routes are gradually being linked up with other paths in neighbouring towns and villages and with a series of routes run by the Czech Tourist Club. Between May and September a special shuttle bus takes cyclists from Ostrava to the nearby Beskydy mountains.

QUAD BIKES

Skalka Centre: Vřesinská, 708 00 Ostrava, +420 608 026 041, +420 603 859 643, www.skalkaostrava.cz

Dangerbike: Mexická 15, 712 00 Ostrava-Muglinov, +420 776 666 206, www.dangerbike.cz

Moto ranch: Mariánskohorská 395/58, 702 00 Ostrava, +420 596 245 457, +420 602 774 456, www.motoranch.cz

GOLF

Golf Aréna: Výstaviště Černá louka – pavilon G,
702 00 Moravská Ostrava, +420 596 167 253,
+420 603 193 771, www.GolfArena.cz

Golf Club Ostrava: Výškovická 104,
700 30 Ostrava-Zábřeh, +420 777 799 333,
+420 777 799 399, www.golfova.cz

Park Golf Club TJ Mittal Ostrava: Dolní 412,
747 15 Šilheřovice, +420 595 054 144, +420 722 288 422,
www.golf-ostrava.cz

Sports and relaxation centre TJ Mittal Ostrava:

Varenská 40a, 702 00 Moravská Ostrava,
+420 596 611 940, www.tj-mittal.cz

GOLF IN AND AROUND OSTRAVA:

GOLF & SKI RESORT OSTRAVICE: Ostravice 75,
739 14 Ostravice, +420 724 907 913, +420 558 431 549,
www.ostravice-golf.cz

Ropice Golf Centre: 739 56 Ropice 415,
+420 558 711 396, +420 558 711 105,
www.beskydgolf.com

Prosper Golf Club – Čeladná: 739 12 Čeladná 741,
+420 558 40 410, +420 603 166 697,
www.prosper-golf.cz

Golf at the chateau Kravaře: Alejní 378/26,
747 21 Kravaře, +420 553 673 202, +420 724 106 804,
www.golfkravare.cz

INLINE SKATING

Ještěrka Centre: Za Ještěrkou 1, 716 00 Ostrava-
-Bartovice, +420 596 977 661, www.sareza.cz

Inline skating school, Ostrava: +420 724 273 747,
www.sportovnikurzy.cz/skola-inlinebrusleni-v-ostrove.html





HORSES AND RIDING CLUBS

Equicentrum Lyčka Riding school: Paskovská 335,
720 00 Ostrava-Hrabová, +420 596 735 192,
www.equicentrum.cz

Baník Ostrava Riding club: K průplavu 724, 724 00
Ostrava-Stará Bělá, +420 596 769 205, www.jkbanik.cz

Caballero Riding club: ul. Hraniční, Rychvald,
+420 604 265 192, <http://caballero.euweb.cz>

SK Mušketýr: Vlčkova 40, 710 00 Slezská Ostrava,
+420 724 507 533, www.skmusketyr.wz.cz

SKITTLES

Ostrava-Poruba outdoor swimming pool Rekreační ul.
74/236, 708 00 OV-Poruba, +420 596 977 611,
www.sareza.cz

Minigolf Astra: Sad Milady Horákové, 701 00 Ostrava,
+420 724 143 903, http://restaurace-pizzerie-kavarna.com/minigolf_ostrava

Poruba Sports Centre: Skautská 11/6093, 708 00
Ostrava-Poruba, +420 596 977 760 (765), www.sareza.cz



Sports and relaxation centre TJ Mittal Ostrava:

Varenská 40a, 702 00 Moravská Ostrava,
+420 596 611 940, www.tj-mittal.cz

Zuzana Leisure Centre: Heyrovského 1579,
708 00 Ostrava-Poruba, +420 596 953 607,
www.zuzanakuzelky.com

CLIMBING WALLS

CDU sport: Charvátská 10, 700 30 Ostrava-Výškovice,
+420 596 744 454, +420 603 410 636,
www.cdusport.cz

Volgogradská Sports Centre: Volgogradská 6a,
700 30 Ostrava-Zábřeh, +420 596 977 701, www.sareza.cz

Ostrava-Přívoz Sports hall: Hrušovská 15/2953,
702 00 Ostrava-Přívoz, +420 596 977 711,
www.sareza.cz

Public climbing wall: Sad Jožky Jabůrkové,
703 00 Ostrava-Vítkovice

MINIGOLF

Bowling park a minigolf: Mjr. Nováka 1490/14,
700 30 Ostrava-Hrabůvka, +420 596 719 030,
www.bowlingpark.cz

Ostrava-Poruba outdoor swimming pool:
Rekreační ul. 74/236, 708 00 Ostrava-Poruba,
+420 596 977 611, www.sareza.cz

Minigolf: Čujkovova 3081, 700 30 Ostrava-Zábřeh,
+420 596 745 751, www.restaurace-minigolf.cz

Minigolf centre: Horymírova 119a,
700 30 Ostrava-Zábřeh, +420 603 526 319,
www.hanzelka.net/minigolf

Minigolf Astra: Sad Milady Horákové, 701 00 Ostrava,
+420 724 143 903, http://restaurace-pizzerie-kavarna.com/minigolf_ostrava

Ridera Sport, a. s.: Závodní 2885/86,
706 02 Ostrava-Vítkovice, +420 595 956 757,
+420 739 521 952, www.riderasport.cz

KARTING

Albrechtický kart hire centre

+420 603 517 006, +420 602 508 866,
www.pskart.cz

PAINTBALL

Paintball land Ostrava: Trocnovská 740/33,
702 00 Ostrava-Přívoz, +420 608 857 560, www.paint.cz

Paintball profi club Ostrava: Michálkovická,
(bus/trolleybus stop 'Vysoká škola podnikání'), Ostrava
+420 603 464 769, www.paintballprofi.cz

Piraňa Paintball: Plzeňská, 700 30 Ostrava-Zábřeh,
+420 776 678 866, www.piranapaintball.cz

PARAGLIDING

MAC – paragliding school: Zdeněk Trčka,
756 62 Hutisko-Solanec 131/E1, +420 571 644 050,
+420 608 824 34, www.macskola.cz

Novotný Petr – paragliding school: Slavíčková 10,
702 00 Ostrava, +420 596 138 549, +420 603 820 083,
www.skyfly.cz

VŠB-Technical University of Ostrava sports club for technical sports, paragliding and hang gliding: 17. listopadu 15/2172, 708 3 Ostrava-Poruba, +420 596 996 287,
+420 608 811 699, <http://paragliding.vsb.cz>

XFLY.CZ – Jiří Večerek: +420 608 435 430, www.xfly.cz

PARACHUTING

Air Hit Morava: Petruškova 16, Ostrava, +420 602 775 235,
+420 602 576 333, www.tandemblaha.cz

Paraclub Ostrava: Na Břízku 367, 747 66 Dolní Lhota,
+420 777 122 233, www.paraklub-ostrava.cz

SWIMMING, INDOOR SWIMMING POOLS

Ještěrka Centre: Za Ještěrkou 1, 716 00 Ostrava-
-Bartovice, +420 596 977 661, www.sareza.cz

Clarion Congress Hotel Ostrava: Zkrácená 2703,
700 30 Ostrava-Zábřeh, +420 596 702 111, www.ccho.cz

Ostrava-Poruba indoor swimming pool:
gen. Sochora 1378, 708 00 Ostrava-Poruba,
+420 596 977 511 (509), www.sareza.cz

Vítek Indoor swimming pool: Hasičská 49,
700 30 Ostrava-Hrabůvka, +420 596 764 960

Ostrava-Poruba outdoor swimming pool:
Rekreační ul. 74/236, 708 00 Ostrava-Poruba,
+420 596 977 611, www.sareza.cz

MaMaison Business & Conference Hotel Imperial

Ostrava: Tyršova 6, 701 38 Ostrava 1, +420 599 099 779,
www.mamaison.com/imperial







Ostrava-Jih Aquapark: Svazácká ul. 3160/1, 700 30 Ostrava-Zábřeh, +420 596 977 805, www.sareza.cz

SAREZA Water World: Sokolská tř. 44, 702 00 Moravská Ostrava, +420 596 977 420, www.sareza.cz

BEACH VOLLEYBALL

Ostrava-Poruba outdoor swimming pool:

Rekreační ul. 74/236, 708 00 Ostrava-Poruba, +420 596 977 611, www.sareza.cz

Sports and relaxation centre TJ Mittal Ostrava:

Varenská 40a, 702 00 Moravská Ostrava, +420 596 621 048, www.tj-mittal.cz

Tennis Kobr Academy: Pod Landekem 64, 725 29 Ostrava-Petřkovice, +420 777 864 413, www.tenniskobr.cz

ANGLING

Angling/fishing areas in and around Ostrava:

www.mrk.cz/rybarske-reviry.php

SEGWAY

Segway Ostrava: 702 00 Ostrava-Přívoz, +420 608 857 560, www.segway-ostrava.cz

SKATEPARKS

Skatepark and bikepark, Ostrava-Hrabová: Bažanova 4, 720 00 Ostrava-Hrabová, www.krchoff.net

Skatepark, Pokorného Primary School: Karla Pokorného 2, 708 00 Ostrava-Poruba, www.krchoff.net

Skatepark, Bělský les: ul. 29 dubna, 700 30 Ostrava-Výškovice, www.krchoff.net

SALT CAVES

Léčivé solné jeskyně, s. r. o. (Healing salt caves):

Sokolská tř. 1263/24, 702 00 Morav. Ostrava,
+420 595 155 955, www.solnejeskyne.net

Relax body centrum Ostrava: Nemocniční 13,
702 00 Moravská Ostrava, +420 596 618 965,
+420 733 530 802

Halos Ostrava Salt cave: 28. října 124,
702 00 Moravská Ostrava, +420 597 489 244,
+420 777 709 718, www.solnajeskyne.unas.cz

Relax body centrum: Nemocniční 13, Ostrava-Fifejdy,
+420 733 530 802, www.solne-jeskyne.cz/ostrava

Vratimov Salt cave: Tovární 186/3, 739 32 Vratimov,
+420 595 781 105, +420 602 568 135,
www.solnajeskynevratimov.cz

SQUASH

SQUASH.SMS.CZ: Slavíkova 6142, 708 00 Ostrava-
-Poruba, +420 596 914 236, +420 737 286 594,
<http://squash.sms.cz>

BSO Squash Club: Cihelní 99, 702 00 Moravská Ostrava,
+420 596 263 778, www.squashnet.cz

CDU sport: Charvátská 10, 700 30 Ostrava-Výškovice,
+420 596 744 454, +420 603 410 636, www.cdusport.cz

SBA Squash: Horymírova 5, 700 30 Ostrava-Zábřeh,
+420 596 720 696, +420 606 958 604, www.sbasquash.cz

Sport Park: Technologická 372/2, 708 00 Ostrava-Poruba,
+420 597 305 810, +420 736 638 071,
www.sportpark-ostrava.cz

Squash Centre, Mariánské Hory: 28. října 150,
709 00 Ostrava-Mariánské Hory, +420 597 577 777,
+420 724 072 000, www.squashsport.cz

TABLE TENNIS

SQUASH.SMS.CZ: Slavíkova 6142, 708 00 Ostrava-
-Poruba, +420 596 914 236, +420 737 286 594,
<http://squash.sms.cz>

Bodyland Fitness: Suchardova 1, 702 00 Moravská
Ostrava, +420 775 250 136, www.bodyland.cz

BSO Squash Club: Cihelní 99, 702 00 Moravská Ostrava,
+420 596 263 778, www.squashnet.cz

CDU sport: Charvátská 10, 700 30 Ostrava-Výškovice,
+420 596 744 454, +420 603 410 636,
www.cdusport.cz

Ostrava-Poruba outdoor swimming pool:

Rekreační ul. 74/236, 708 00 Ostrava-Poruba,
+420 596 977 611, www.sareza.cz

TENNIS

Florian Sport Aréna: ul. Fráni Šrámka (University of Ostrava
site), Ostrava, +420 731 949 410, www.tenis-ostrava.cz

SC Ostrava: Budečská 3214/2, 702 00 Moravská Ostrava, +420 595 131 950, +420 724 233 626, www.scostrava.cz

Ostrava-Poruba outdoor swimming pool:

Rekreační ul. 74/ 236, 708 00 OV-Poruba, +420 596 977 611, www.sareza.cz

Poruba Sports Centre: Skautská 11/6093, 708 00 Ostrava-Poruba, +420 596 977 761, +420 732 358 378, www.sareza.cz

Sports and relaxation centre TJ Mittal Ostrava:

Varenská 40a, 702 00 Moravská Ostrava, +420 596 621 048, www.tj-mittal.cz

Luděk Kubán Tennis school: Slavíkova ul. 6195, 708 00 Ostrava-Poruba, +420 596 960 470, +420 603 766 555, www.teniskuban.cz

Tennis Kobr Academy: Pod Landekem 64, 725 29 Ostrava-Petřkovice, +420 777 864 413, www.tenniskobr.cz

TARGET SPORTS

Archery club TJ Mariánské Hory: Raisova 12, 709 00 Ostrava-Mariánské Hory, +420 599 090 124, +420 732 733 665, www.lukostrelba.info

SK Sioux Arrows: Pod Výhonem 5535/20, 722 00 Ostrava-Třebovice, +420 608 455 029, +420 732 209 671, www.lukostrelci.cz

SSK Poruba-Skalka: Vřesinská 2138/211, 708 00 Ostrava-Poruba, +420 608 128 133 +420 602 824 455, www.sskporuba.com

Corrado shooting club: Cihelní 27, 702 00 Moravská Ostrava, +420 596 623 683, +420 777 729 000, www.strelnice-corrado.cz





Patriot shooting club: Cihelní 81, 702 00 Ostrava-Přívov, +420 596 632 580, +420 603 100 153, <http://strelnicepatriot.hyperlinx.cz/hlavni.php>

WATER SPORTS

Mirago: Klínová 6/840, 709 00 Ostrava, +420 608 911 416, www.mirago.cz

Campanula water sports club: Nádražní 116, 702 00 Ostrava, +420 603 728 373, +420 776 824 267, www.svcampanula.cz

Vodák Sport Ostrava: Sokola Tůmy 1536/5, 709 00 Ostrava-Mariánské Hory, +420 603 851 317, www.vodak-sport.cz

ICE STADIUMS

Multifunctional hall: Ruská 3077/135, 700 30 Ostrava-Zábřeh, +420 596 620 002, +420 596 707 165, www.arena-vitkovice.cz

Ostrava-Poruba Ice Stadium: Čkalovova 20/6144, 708 00 Ostrava-Poruba, +420 596 977 111, +420 596 977 314, www.sareza.cz

ZORBING

Vaňkův kopec ski centre: Zátíší, 747 64 Horní Lhota, +420 737 809 476, +420 604 259 955, www.vankuvkopec.cz

General Terms and Conditions of Trade

Abridged general terms and conditions of trade of the travel agency CK VALAŠSKÉ KRÁLOVSTVÍ, s. r. o. (The full text of the terms and conditions can be found at www.balickyzazitku.cz)

I. Preliminary provisions

1.1. These General Terms and Conditions of Trade apply to tourism products and package tours sold by WALLACHIAN KINGDOM TRAVEL AGENCY (CK VALAŠSKÉ KRÁLOVSTVÍ s. r. o.), hereafter also CK VK, or by its authorized vendors. These General Terms and Conditions form an integral part of each tourism product – 'Themed Packages' and experience events.

1.2. CK VK provides tourism services not defined as package tours in accordance with Act no. 459/1999 – 'Themed Packages' – and package tours which are defined as package tours according to the above-mentioned Act (events for companies and groups exceeding 24 hours duration).

II. Establishment of contractual relations

2.1. A contractual relation between CK VK and a client is generally established by the payment of the purchase price of a 'Themed Package'. By purchasing a package, the client confirms his/her consent with these General Terms and Conditions of Trade. Clients can purchase the City of Ostrava Themed Packages at www.ostrava.cz and www.ostravainfo.cz, or in person at a point of sale of CK VK, in a network of selected information centres, hotels and travel agencies. Upon purchase, clients obtain an experience voucher.

2.2. A contractual relation may also be established via a sales representative (vendor) acting on the basis of and within the limitations set out by a commercial contract and power of attorney.

III. Rights and responsibilities of participants

a) Participants in 'City of Ostrava Themed Packages' must reserve the date and location of the activity via CK VK no later than the date given on the experience voucher, unless agreed otherwise by both parties. If the client does not conclude the reservation by this date, s/he loses his/her entitlement to receive the selected service; no compensation of any kind will be provided.

b) Participants take part in all activities as part of 'Themed Packages' products purely at their own risk. Clients must themselves judge whether their health and physical condition enable them to take part in the chosen activity safely. Information on restrictions that may affect some of the activities provided (e.g. age, state of health, requirement for a health check-up) is given in the information which forms an integral part of each 'Themed Packages'. Some of the services provided are dependent on weather conditions. If an activity is cancelled due to inclement weather, clients who reserved the service for that particular date have the right to arrange a replacement date.

c) The rights of participants to lodge claims concerning services, the claims procedure and the procedure for dealing with claims are governed by the relevant legislation. Participants will ensure a greater chance of success in the claims process by giving notification of inadequacies in the provided services as soon as these inadequacies are discovered and at the location at which the service is provided.

d) Participants must comply with all instructions given in order to guarantee the successful provision of the service (safety, security etc.); in particular, participants must use all safety equipment provided (in all activities e.g. water sports, rafting, mountain climbing, horse riding).

e) Participants must refrain from consuming alcoholic beverages and other intoxicating substances during the programme, unless such consumption forms a part of the programme (liqueur tasting, wine tasting, beer tasting etc.)

IV. Rights and responsibilities of CK VK:

4.1. In the case of 'City of Ostrava Themed Packages', the service will always be provided to the holder of the experience voucher. CK VK may refuse to provide this service if the client is not in a suitable state to receive the service (poor health, physical condition, inadequate equipment, etc.) or in cases of force majeure (inclement weather, other dangers, etc.)

4.2. The ordering party consents to the entry of personal data into the database of CK VK and to the use of this personal data for the purposes of CK VK. The ordering party consents to the sending of promotional materials to the listed addresses, including e-mail addresses.

4.3. The ordering party gives consent on behalf of all participants with the production of records (usually photographic or video recordings etc.) of the event or package tour organized by CK VK for commercial, promotional and advertising purposes. This consent additionally includes consent to the public display of these records or edited parts of these records.

V. Prices of City of Ostrava Themed Packages and payment

5.1. The parties to the contract agree on the purchase prices of the Themed Packages listed in the binding order. The experience voucher will only be sent to the client on payment of the purchase price. The purchase price includes all costs connected with the provision of the service listed in the Themed Package of CK VK. Prices are inclusive of VAT.

VI. Changes to agreed services

6.1. CK VK reserves the right to carry out last-minute changes to the dates of provision of services ordered, in cases when the service cannot be provided on the ordered date due to force majeure.

6.2. In cases when CK VK is not capable of abiding by the original programme or providing a pre-arranged service, CK VK is bound to do the following:

a) to provide a substitute programme and services of a similar or identical extent and quality to the programme and services originally planned, and to ensure that the purpose, focus and intention of the service are maintained to the highest possible degree;

b) to refund to participants the sum paid for services not provided and for which no substitute service could be provided;

c) If the service cannot be provided for reasons of force majeure, participants do not have the right to a discount according to VI., 6.2., b, of these Terms and Conditions, nor do they have the right to cancellation of the contract.

VII. Liability for deficiencies

7.1. The rights of participants to lodge claims concerning services, the claims procedure and the procedure for dealing with claims are governed by the relevant legislation.

7.2. In the case of circumstances whose emergence, course and consequence are not consequent upon the activities and procedures of CK VK, or circumstances on the part of the participant due to which the participant, either in full or in part, does not receive the services ordered and paid for despite the fact that CK VK prepared and provided these services according to the programme, the customer does not have the right to claim reimbursement for the price of these services, nor does the customer have the right to claim a discount on the price of the package tour, unless otherwise stated.

VII. Cancellation fees

8.1. For each cancellation by a customer of his/her participation in a 'Themed Packages' product and for each person whose participation is arranged and then cancelled, CK VK charges the following cancellation fees:

a) Cancellation by the client of receipt of a 'Themed Packages' product or planned event less than 30 days prior to the planned receipt of the service – 20% of the price of the 'Themed Packages'.

b) Cancellation by the client of receipt of a 'Themed Packages' product or planned event less than 10 days prior to the planned receipt of the service – 50% of the price of the 'Themed Packages'.

c) If the client does not present a valid experience voucher, if the client does not present him/herself at the scheduled place and date of the receipt of the service, if the client cancels his/her participation a day prior to the service or on the day of the service, if the client aborts his/her participation of his/her own free will during the course of the service, if the client commits a gross breach of relevant safety regulations, if the client is not in a suitable condition to receive the service (age, obvious health-related restrictions, etc.) – 100% of the price of the 'Themed Packages'.

d) If the Package of Experiences or planned event is cancelled by the service provider due to inclement weather or technical conditions and in the case of extraordinary events, CK VK offers the client a substitute 'Themed Packages' or reimburses the purchase price in full to the client;

IX. Insurance of CK VK

9.1. CK VK is insured against bankruptcy according to the requirements of Act no. 159/1999 as currently amended and valid.

X. Concluding provisions

10.1. These Terms and Conditions are valid from 28 May, 2008.

10.2. By appending their signature to a contract for the provision of a package tour or to an application for an event, customers confirm that they are acquainted with these Terms and Conditions, they understand these Terms and Conditions, they consent to these Terms and Conditions, and they accept these Terms and Conditions in full.

Frenštát p. R., 28 May, 2008

Tomáš Harabiš – for and on behalf of VALAŠSKÉ KRÁLOVSTVÍ, s. r. o.

Information on the current range of Themed Packages

City of Ostrava

Ostrava City Authority

Economic Development Department

Prokešovo náměstí 8

729 30 Ostrava

Czech Republic

T +420 599 44 33 44

+420 599 44 33 82

+420 599 44 44 44

F +420 599 44 20 40

E info@ostrava.cz; vpalicka@ostrava.cz

www.ostrava.cz

Ostrava Information Service (Ostravský informační servis s. r. o.) – branches

City centre – Elektra

Jurečkova 1935/12, 702 00 Ostrava

T/F +420 596 123 913

E mic@ostravainfo.cz

New City Hall Viewing Tower

Prokešovo nám. 8, 729 30 Ostrava

T/F +420 599 443 096

E vez@ostravainfo.cz

Ostrava main railway station

Nádražní 196, 702 00 Ostrava

T/F +420 596 136 218

E cd@ostravainfo.cz

Ostrava-Svinov railway station

Peterkova 90, 721 00 Ostrava-Svinov

T +420 597 310 174

F +420 597 310 172

E svinov@ostravainfo.cz

Leoš Janáček Ostrava Airport

Mošnov č. p. 401, 742 51 Mošnov

T +420 558 272 419

E letiste@ostravainfo.cz


www.ostravainfo.cz

orders and reservations:

VALAŠSKÉ KRÁLOVSTVÍ, s. r. o.

T +420 571 655 196

www.balickyzazitku.cz, www.ostrava.cz



City of Ostrava Themed Packages have been prepared for you by the Ostrava City Authority - www.ostrava.cz and VALAŠSKÉ KRÁLOVSTVÍ, s. r. o. (Wallachian Kingdom travel agency), +420 571 655 196, info@balickyzazitku.cz www.balickyzazitku.cz

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